



## IAGP ON LINE INTERNATIONAL SYMPOSIUM ON COVID-19 RESEARCH OF THE IAGP RESEARCH COMMITTEE

Dates of the on line-Symposium: 30-31 October 2020 and 1 November, 2020.

**ORGANISER-CONDUCTOR:** Dr Catherine Mela, MD  
IAGP Vice- President  
Chair of IAGP Research Committee

**KIND OF PRESENTATION:** oral presentations (academic presentations).  
**INSTITUTES:** Collaboration of the: IAGP Research Committee and IAGP Webinar Committee.

### FINAL PROGRAM OF THE 1st IAGP ONLINE IAGP RESEARCH SYMPOSIUM ON COVID19.

#### DAY 1: Friday 30 October, 2020

SESSION A: 1.00-2.30.

- **Welcome** by the Chair of the IAGP International online Research Symposium on covid19 Catherine Mela (Greece).  
Chair of IAGP Research Committee & IAGP Vice-President.

**OPENING LECTURE :** Christer Sandahl (Sweden), Past IAGP President :  
Social threats towards the human nature during the pandemic.

- **Welcome** by the IAGP President Richard Beck (USA).
- Catherine Mela (Greece): How the psychotherapeutic groups can give hope and space for recovery and self-regulation? The consequences of covid19 lock-down, in Brain Plasticity's expression.

BREAK: 2.30- 3.00.

**SESSION B: 3.00-4.30.**

**Chair: Domenico Agresta Mimmo**

**-Shlomit Rotlevi Klier, Leah Chaikin. Idit Rosenbaum-Harel Sigal Flint (Israel): "Alone, but to belong – applying group-analysis practices during COVID-19 lockdown"**

**-Domenico Agresta Mimmo &Menarini, Sangiulano (Italy): Dreams in time of covid19.**

**- Scott Giacomucci (USA): Psychodrama, Teletherapy, and the Pandemic: Collective Trauma for Therapists, Clients and Moreno.**

**SESSION C: 5.00-6.30.**

**Chair : Mona Rakhawy**

**- Mona Rakhawy (Egypt)The Hope Farm: An Activity-oriented Heterogeneous Group Psychotherapy During COVID-19 Pandemic.**

**- Monica Zuretti (Argentina): Traumatic memories influence on personal and social reaction to the pandemic.**

**- Hanah El Mazahy (Egypt): on line groups with children during the covid19.**  
**BREAK: 4.30-5.00.**

**BREAK: 6.30-7.00: Announcement by Caner Bungol (Turkey)**

**SESSION D: 7.00-8.00.**

**Chair: Michael Wieser**

**- Michael Wieser (Austria), Gianmarco Biancalani (Italy), Chiara Franco (Italy),Ines Testoni(Italy): Effects of on line psychodrama therapy during the covid19 pandemic in two Italian Groups.**

**- Stylianos Lagarakis (Greece): free on line support Psychodrama- groups during covid19 pandemic.**

**- Italian Society of Psychosomatics (SIMP): Marina Farinelli (Italy) &Antonino Minerbino (Italy): Protocol and criteria for Italian adaptation and application.**

**BREAK: 8.00-8.30.**

**SESSION E: 8.30-10.00.**

**Chair: Jorge Veschi**

- **Noha Sabry (Egypt): The Relationship between Age and Attitudes toward COVID-19 Corona Virus Outbreak among the Egyptian General Population.**
- **Jorge Veschi (Brazil): How groups and individuals are dealing with the pandemic?**
- **Clara Patricia Paz (Ecuador): Tracking change in psychological distress: the use of the CORE system.**

**DAY 2: Saturday 31 October, 2020.**

**SESSION A: 1.00-2.30.**

**Chair: Magdalene Jeyarathnam**

- **Domenico Agresta Mimmo (Italy): Somatic icons in online therapy during covid19.**
- **Magdalene Jeyarathnam (India): Impact of on-line expressive arts therapy sessions including psychodrama during the lock down and beyond in groups. A narrative from India.**
- **Kostas Liolios (Greece): the impact of art on line group analytic groups in covid19 time.**

**BREAK: 2.30-3.00.**

**SESSION B:3.00-4.30.**

**Chair: Kelly Panagiotopoulou**

- **Frasha Ndungu (Kenya): Covid19 as a Risk Factor for Increased Domestic Violence.**
- **Tatiana Dudareva- Kryukova (Russia): family in the stress of lock down: interplay between gender inequality and coping patterns.**
- **Kelly Panagiotopoulou (Greece): on line group psychotherapy during covid19 pandemic.**

**BREAK: 4.30-5.00**

## **SESSION C: 5.00-6.30**

**Chair: Richard Beck**

- **Greg Crosby (USA), Mona Rakhawy (Egypt) and Roberta Mineo (Italy): Anxiety management in Corona times: risks and opportunities of group training for therapists and professionals.**
- **Melinda Ashley Meyer DeMott (Norway): Enhancing collective Resilience in the face of Covid 19: EXIT a manualized Group intervention focusing on stabilization and spontaneity training with traumatised communities.**
- **Roberta Mineo (Italy) and Mona Rakhawy (Egypt): A Volunteering Oriented Anti-Corona Stigma Campaign: Navigating between Polarities throughout a Group Process.**

**BREAK: 6.30-7.00.**

## **SESSION D: 7.00-8.30**

**Chair: Ivan Urlic**

- Catherine Mela (Greece): The interaction of Interleukins in Psychotherapy: Does Psychotherapy protect from the manifestation of the covid19 “cytokine storm”?**
- **Ivan Urlic (Croatia): “Stay at home” and the issue of the hearth within the new COVID-19 reality.**
- **Raúl Vaimberg (Spain): Mental health training. Possibilities and limits of online interventions and psychotherapies in times of COVID-19.**

## **8.45-9.30: ON LINE RECEPTION-ROCK NIGHT**

## **DAY 3: Sunday 1 November, 2020.**

**SESSION A: 1.00-2.30.**

**Chair: Noha Sabry**

- **Inas Abdel Hamid (Egypt): Attitudes towards COVID-19 Stigma in Egypt: A Qualitative Study.**

- Sushil Phuyal (Nepal): The impact of covid19 in Nepal.

- Ioannis Triantafyllou (Greece): sleep, stress and family support among nursing staff in a specialized covid19 hospital during the pandemic crisis.  
Disrupting our perception of continuity in time.

**BREAK: 2.30-3.00: video and music from Nepal**

**SESSION B: 3.00-4.30.**

**SESSION OF TELE'DRAMA: Applying TELE'DRAMA Action Methods for Support, Training and Growth During Covid19 Pandemic**

**Chair: Daniela Simmons**

**1. "The International TELE'DRAMA Institute (ITI) and its pioneering role in developing the new Cultural Conserve".**

**Daniela Simmons, PhD, TEP, Creator of Tele'Drama (USA); Joseph Dillard, PhD (Germany)**

**2. "Bring yourself and your cup of coffee with you: A Project for Helping the Helper in Turkey via TELE'DRAMA".**

**Hande Karakılıç Üçer, MD (Turkey); Gözde Özer Danış, PhD (Tur-key); Inanç Sümbüloğlu, PhD (Turkey); Özden Şükran Üneri, MD (Turkey); Pinar Ulupınar Erakay (Turkey)**

**3. "First International TELE'DRAMA Conference", August 6-9, 2020**

**Daniela Simmons, PhD, TEP (USA); Andrea Wilches (Argentina); Hande Karakılıç Üçer, MD (Turkey); Phil Armour (USA); Cristina Schmidt (Austria, Romania)**

**BREAK: 4.30-5.00.**

**SESSION C: 5.00-6.30.**

**Session of the Balkan Association in Psychodrama, Sociometry and Group Psychotherapy:**

**"GROUPS FOR SHARING LIFE EXPERIENCE AND SUPPORT DURING DIFFICULT TIMES FOR THE BALKAN COUNTRIES".**

**Chair: Lydia Yordanova**

**Lydia Yordanova - Bulgaria**

**Mirjana Stojanovska - North Macedonia**

**Reyhan Cakmak - Turkey**

**Daniela Tahirova - Bulgaria**

**Liliya Mireva - Bulgaria**

**Blerta Spahiu - Albania**

**Suna Cetin – Turkey**

**BREAK: 6.30-7.00.**

**SESSION D: 7.00-8.30.**

**Chair : Kostas Liolios**

- **Kostas Liolios (Greece): the impact of covid19 crisis and the quality of life of elderly people both in an inpatient and outpatient level.**
- **Alshymaa M. Abdel Towab (Egypt): Psychometric Evaluation of COVID-19 Related Stigma Scale.**

**BREAK: 8.30-9.00.**

**SESSION E: 9.00-10.30.**

**Session of the Russian Association of Psychodrama and GM**

**Chair: Tatiana Dudareva- Kryukova**

- **Oxana Rybakova (Russia): Expectations vs reality in therapy during quarantine.**
- **Svetlana Isaeva (Russia): Self -isolation as a complex effect on the psyche. Problems of aggression and the possibility of overcoming the psychological consequences of the pandemic.**
- **Elena V. Leonova (Russia) Parents of Schoolchildren during Lockdown: Stress factors and effective coping facilitation.**

**END OF THE 1<sup>st</sup> INTERNATIONAL ONLINE RESEARCH SYMPOSIUM ON COVID19.**



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